

Title of Report	Hackney Health and Wellbeing Strategy update
For Consideration By	Health and Wellbeing Board
Meeting Date	21 March 2024
Classification	Public
<u>Ward(s) Affected</u>	All wards
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Is this report for:

<input checked="" type="checkbox"/>	Information
<input checked="" type="checkbox"/>	Discussion
<input type="checkbox"/>	Decision

Why is the report being brought to the board?

For an update on the progress of implementing the Joint Local Health and Wellbeing Strategy

To seek further engagement from HWB members on current plans for the focus areas

Has the report been considered at any other committee meeting of the Council or other stakeholders?

None

1. Background

- 1.1. Hackney Health and Wellbeing Board have been developing the Joint Health and Wellbeing Strategy since November 2020. Every local Health and Wellbeing Board (HWB) has a duty to produce a Health and Wellbeing Strategy. A Health and Wellbeing Strategy outlines key health and wellbeing priority areas for HWB partners to take joint action on, in each local authority area with a statutory requirement for the NHS Integrated Care Board to reflect priorities in the North East London integrated care strategies
- 1.2. Hackney Health and Wellbeing Board have agreed that the overall aim of this strategy is to reduce health inequalities, focusing on three priorities: improving mental health, increasing social connections and supporting greater financial security. The Strategy was signed off at the 23 March 2022 Board meeting, and work started to develop the implementation plan in July 2022. Since November 2022, this work has been led by the Population Health Hub

2. Summary of last update - March 2023

The Board was last presented with an update in March 2023. At this meeting, the following was presented and the approach agreed:

2.1. Improving mental health

Scoping was underway for a Mental Health needs assessment which will form part of the Joint Strategic Needs Assessment. It was proposed that this is an ideal opportunity to draw together strategic priorities from across the system, and integrate current data and insights (including from resident peer research) and then formulate a set of actions to address the needs of our community and reduce inequalities in mental health. The Mental Health Integration Committee, which meets monthly, would be tasked with oversight of this and the subsequent strategic action plan.

2.2. Increasing social connections

A group consisting of 'social connection leads' from each HWB had been formed with terms of reference, to be co-chaired by Cllr Kenney and Joia de Sa, Consultant in Public Health, with plans to try to increase reach across LBH, health and care services.

2.3. Supporting financial security

A system-wide group had been established, meeting monthly to ensure there is an aligned cross-organisation response to the cost of living crisis, with a

view to ensuring effective interventions are identified to improve the final security of residents, and to reduce inequalities in this.

3. Current update

Overall co-ordination and implementation

- 3.1. The Population Health Hub has recognised that this would be a good time to bring all the priority areas together to share progress, learning and continue to identify opportunities for collaboration, particularly as the priorities are very inter-related.
- 3.2. We have been offered support from the Local Government Association in the form of Executive Associates who could facilitate this. The Associates are:
 - Eleanor Roaf, Ex- Director of Public Health, Trafford MBC
 - Elspeth Paisley, System Convenor, Barking & Dagenham Community Locality Lead
 - Julie Wood, Ex-Chief Executive of NHS Clinical Commissioners
- 3.3. They have also offered to facilitate a development session for the Hackney HWB to enable the real leverage of the HWB as a strategic partnership that supports these 3 priorities, as well as a health in all policies approach. This would follow on from and complement the development session that was facilitated by a previous LGA associate, Alan Higgins, in 2021 (before the new HWB strategy) which aimed to explore the role of the HWB in relation to configuration, operation and impact.
- 3.4. To inform the development session, the associates are proposing 1:1 interviews with HWB members for about 40 minutes to be held online at a mutually convenient time. The associates are proposing this, rather than a questionnaire, to allow time to 'get under the skin' of issues. These interviews would inform a separate development session/away day to be attended by HWB members, ideally in person to discuss the feedback and agree ways forward.
- 3.5. To progress this, the HWB would need to agree on objectives and outcomes for this process. These objectives and outcomes would then inform the interviews and development session. Suggested objectives and outcomes are below for discussion:

Objectives of workshop	<ol style="list-style-type: none">1. Enable the Board to adopt ownership of the Hackney HWB strategy priorities and work to support the continued implementation of these2. Define the role of the HWB Board and its relationship with wider partners, particularly the Place-based Partnership, in improving population health
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	3. Develop a way for the Board to hold itself accountable for its implementation of a Health in All Policies approach
Anticipated outcomes	<ul style="list-style-type: none"> ● Agreed vision for the Board in relation to the HWB strategy priorities and an agreed approach to support for these ● An agreed set of partnership principles, and structures to support these, in relation to the role of the HWB and its relationships ● Shared understanding of 'health in all policies' and an agreed way of ensuring the Board holds itself to account to this approach

Request for input from Health and Wellbeing Board on overall co-ordination and implementation:

1. To discuss and engage with the idea of the development session provided by the LGA
2. To agree the objectives and outcomes for this process

3.6. Improving mental health

There is a wide range of work being undertaken to support residents' mental health across the Local Authority, NHS and voluntary sector. Despite this, current service capacity does not meet the high levels of need locally. Hackney's population has some of the highest rates of mental illness in the country, which is partly related to wider determinants, such as high levels of deprivation, lack of affordable housing and inequalities. Covid-19 and the current cost of living crisis have exacerbated the challenges. Services report a marked increase in the complexity of residents presenting, requiring a greater amount of time and expertise to support them.

Therefore, the Health and Wellbeing Strategy including mental health as one of its three priority areas is very welcome. The inequalities funding has provided some much needed additional funding to develop new mental health projects and support existing ones. However, funding remains a challenge, and it is important we create maximum value from the resources we have.

Work is progressing in line with the previous update brought to the HWB last year. A fuller update will follow in due course.

3.7. Increasing social connection

Approach

The Social Connections Leads Group has met quarterly since the last update. Although an action plan for increasing social connection had been developed before this group was established, there was a consensus that rather than

defining actions immediately, the group should adopt an asset based approach which focussed on learning and listening to partners who are currently delivering effective initiatives to increase social connection across City and Hackney.

The initial meetings have involved:

- Defining the objectives of the group and establishing collective ownership of this priority
- Hearing from different organisations working in Hackney to support increased social connection; showcasing best practice examples and case studies which illustrate what works (including Hackney Libraries, The Pedro Club, Hackney Showroom, The Kitchen Club, Volunteer Centre Hackney, Hackney Caribbean Elders Association, Woodberry Aid).
- Exploring definitions of social connection, social isolation and loneliness and how these factors affect population health
- Sharing data and insight from residents who identified this area as a health and wellbeing priority for Hackney
- Exploring the factors which influence social connection and introducing national evidence, policies and frameworks to help explore these

Developing priorities for action

At the last meeting, the group explored different frameworks for action, including the [existing local social connections action plan](#) and the [US Surgeon General's framework](#) (which provides a framework for a national strategy to advance social connection. A follow-up facilitated workshop is planned for April to develop and finalise our local approach. It is likely that the group will adopt a similar approach to that of the Health Inequalities Steering Group, focussing on areas in which to 'act', 'enable' or 'watch', based on varying levels of involvement.

We have also recruited an additional 3 representatives from the Voluntary and Community Sector (VCS) to join the Social Connections Leads Group who will be responsible for both bringing in ideas from their sector, as well as feeding back and disseminating ideas from this group.

Links to wider work

Measuring social connection

As part of this work, we have engaged with regional approaches which aim to measure forms of social connection and are exploring how these may support us to measure the impact of this work. These include:

- [The GLA Civic Strength Index](#), which aims to help London boroughs and organisations support discussions about the strengths of their communities and consider how build on them.
- [UCL IGP's \(Institute for Global Prosperity\) citizen-led Prosperity Index](#), which measures what matters to the prosperity of local communities in east London. The *Citizen Prosperity Index* (CPI) for east London reports

on 17 headline indicators, falling under one of the 5 key prosperity domains, including 'Belonging, Identities and Culture'.

Director of Public Health (DPH) Report on Social Capital

Social capital has been selected as the topic for the Annual DPH reports for 2023/24 and 2024/25. We are working with colleagues leading on this work to ensure we maximise the learning and opportunities around this work.

Request for input from Health and Wellbeing Board on increasing social connections

1) Renewed effort around membership of the social connections group as not all HWB organisations are currently represented

3.8. Supporting greater financial security

Supporting financial security within the Health and Wellbeing Strategy across the system, brings together work happening in individual partner organisations (including London Borough of Hackney Poverty Reduction Framework). The approach to reducing poverty and increasing financial security requires a wider approach with residents, directly and with local community partners to achieve better outcomes for the borough and tackle inequalities through:

Prevention

- Early, fairer help and prevention - in communities and with communities
- Developing more empowering ways to meet needs, based on strengths and agency
- Working more relationally, whether at a community or individual level
- Building reach and access to services

Community confidence and cohesion

- Building trust and confidence between communities and the state
- Proactively promoting tolerance between communities and standing up for communities against discrimination and hate
- Helping us to change - becoming more open, inclusive and culturally humble
- Improving the way we communicate and engage with residents

Smoother, more effective decision making, strategic responses

- Developing better strategy and solutions by collaboratively across the system, and working more openly with residents to take on board their lived experience and insight and ideas
- Being agile and adaptive in the context of continued uncertainty and crisis - helping us to anticipate and respond effectively
- Supporting good officer / member relations because we have a shared understanding of communities and place, history and context thus helping us develop better decisions

This is what we as partners are doing to improve financial security:

1. Radical innovation: trusted referral partners
2. Peer support and Learning, equipping frontline staff to better support residents.
3. Social value
4. Welfare and financial advice embedded in health settings
5. Community partnership
6. Enterprise and social economy
7. Engagement and co-production

See [slides](#) for more detail on approach, current activities and plans.

Request for input from Health and Wellbeing Board on supporting greater financial security

1) How do we get teams across health and care services locally to take on wider determinants of health as their responsibility – including the Health Wellbeing Board priorities? How do we mainstream this as a way of working?

2) How do we get partners to understand our approach to poverty reduction and financial security and understand what they can do within their team/service/transformation area?

3) How do we create capacity across partners to be able to take a preventative approach (and be able to balance tendency toward short term thinking e.g. system financial recovery with longer term approach needed to tackle resident poverty and financial security)?

Implementation plan for 2024

	1. Improving mental health	2. Increasing social connection	3. Supporting greater financial security	Overall co-ordination
2024	<ul style="list-style-type: none"> • Complete planned mental health needs assessment(s) • Explore options for improved data sharing, including ongoing data capture to support the MHIC's oversight role • Explore options for further improving inclusivity and integration between the different mental health services and wider support services 	<ul style="list-style-type: none"> • Social connections priorities developed and work started to implement • Measurement framework discussions continued 	<ul style="list-style-type: none"> • New governance for financial security work established • Learning from pilots/evaluations (welfare advice in health settings, Healthier Wealthier families, trusted referral scheme) incorporated into our approach • Partner sign up to approach 	<ul style="list-style-type: none"> • Regular co-ordination meeting established between priority areas • LGA facilitation support to identify opportunities for collaboration • LGA facilitation support to HWB members to discuss greater opportunities to amplify HWB priorities

4. Policy Context:

Please detail which, if any, of the Health & Wellbeing Strategy priorities this report relates to?

<input type="checkbox"/>	Improving mental health
<input type="checkbox"/>	Increasing social connection
<input type="checkbox"/>	Supporting greater financial security
<input checked="" type="checkbox"/>	All of the above

Please detail which, if any, of the Health & Wellbeing Strategy 'Ways of Working' this report relates to?

<input type="checkbox"/>	Strengthening our communities
<input type="checkbox"/>	Creating, supporting and working with volunteer and peer roles
<input type="checkbox"/>	Collaborations and partnerships: including at a neighbourhood level
<input type="checkbox"/>	Making the best of community resources
<input checked="" type="checkbox"/>	All of the above

5. Equality Impact Assessment (EIA)

Has an EIA been conducted for this work?

<input checked="" type="checkbox"/>	Yes
<input type="checkbox"/>	No

Each priority area has/continues to be responsible for ensuring that they have given due consideration to the impact on equalities; the strategy's main purpose is to give full consideration to impact on equalities

6. Consultation

Has public, service user, patient feedback/consultation informed the recommendations of this report?

<input checked="" type="checkbox"/>	Yes
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<input type="checkbox"/>	No
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Have the relevant members/ organisations and officers been consulted on the recommendations in this report?

<input checked="" type="checkbox"/>	Yes
<input type="checkbox"/>	No

7. Risk Assessment

To be confirmed - as plans progress

8. Sustainability

To be confirmed - as plans progress

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Appendices	1. Slides on increasing financial security